# Episode 209 Transcript Finding Your Spiritual Identity as a Child of God with Jared Capello

James Early [00:00:01]:

Hey there, and welcome again to the Bible Speaks to You podcast. I'm so grateful you've tuned in today to listen. I've got a wonderful guest, a friend of mine today, Jared Capello, and we're going to be talking about finding your spiritual identity as a child of God. Jared, welcome to the podcast.

Jared Capello [00:00:22]:

Yeah. Thank you so much for having me, James. It's it's an honor to be here.

James Early [00:00:27]:

Right. I'm so glad you could be here. We've been trying to work this out for a while and, Yeah. Finally got it put together.

Jared Capello [00:00:34]:

Yes. I was I was happy to see your message, and then I said, oh, yes. I I'd I'd love to continue having the the conversation we had sort of Started some time ago, and I'm excited to be here.

James Early [00:00:45]:

Right. Let me tell you all a little bit about Jared. Jared is a husband and a father. How old is your little girl now?

Jared Capello [00:00:54]:

So I have 3 little girls.

James Early [00:00:56]:

Oh, you have 3. I lost track.

Jared Capello [00:00:58]:

Yes. So I have a 6a half and a 3a half year old and a year and a half.

James Early [00:01:07]:

Okay. Wow. That keeps you busy.

Jared Capello [00:01:10]:

Oh, for sure. Absolutely. It is definitely a full time job in itself and Wouldn't have it any other way. They're they truly are blessings.

James Early [00:01:18]:

Oh, that's great. Jared is a certified coach, and He also is a fulfillment strategist, and what that means is he helps people get rid of the limiting beliefs that they have in their lives from whatever it might be and helps them discover really who they are, their sense of identity so they can be who God made them to be. And one of the things he focuses on and tells people a lot. It's kind of like his byline or his tagline is be the love you are. And I think in a short little phrase, that's kinda what you're all about is helping people learning to let the love that's in them come out and and express self and be a normal natural part of their lives.

Jared Capello [00:02:07]:

Absolutely. Absolutely. And, you know, that was that's been my journey, You know, really getting back to that core identity and the core truth of who I am, and I saw the freedom that it created for me. And, you know, as I got into the coaching space, Over 10 years ago now, that's what I found I was doing for people. And if I could keep it to that truth, then I could see people actually have lasting change that led to true fulfillment rather than just achieving their goals or, you know, going on to the next accomplishment without that sense of identity. I realized that That sense of identity and that love is everything.

James Early [00:02:41]:

You know, that's really important because I think you as you said, if you just go from one little success on the surface to the next, then nothing holds it all together. It can fall apart any minute. But when you really know who you are, your identity spiritually, there may be ups and downs in the things that happen in your life, but Nobody can take that away from you.

Jared Capello [00:03:07]:

Absolutely. Absolutely. And God's given you your identity and what God's given you, nobody can take away, you know, and I I really believe that. I believe that I've been accepted by God, and I can't be rejected by any person, you know, or any situation or anything like that. Like, I have my acceptance, so I don't get so involved in the, you know, sort of petty, and I and I'm using petty as a broad term, but just the the drama that people easily find themselves wrapped up in because their identity is wrapped in so so deeply in what other people think about them or how their job is viewing them, and then that determines their whole day and their, you know that those days become weeks, and those weeks become months, and those months become years. And next thing you know, it's decades, you know, of just being a certain way and being living in sort of a reactionary state, whereas if you know your identity, you know the truth of who you are. You know that God has accepted you, and nobody can reject you. Oh my goodness.

Jared Capello [00:04:06]:

That just changes everything because now you're not looking for that external validation. You're not looking to the next person or the next relationship or the next, You know, piece of entertainment or whatever it might be to distract yourself from this void of just operating in the truth of who you are.

James Early [00:04:23]:

So how do you help someone, whether in a coaching situation or just someone, you know, a friend, How do you help someone discover their spiritual identity? Because we can throw those words around and I know I've talk to, and helps people. And sometimes it's hard for them to let go of this negative sense of who they are and their old habits and their old belief systems. They're old limiting beliefs. As, as you said, a lot of people use that phrase limiting beliefs. How do you help somebody leave all that behind?

Jared Capello [00:05:02]:

Yeah. That's a great that's a great question. I think I'd start with my my favorite verse, You know, and it's it's found in Philippians 4. It's verse 8. And the translation of this is the Mirror translation, but there's a line in there that says, Live overwhelmed by God's opinion of you.

James Early [00:05:19]:

Oh, my gosh. Wait a minute. Wait a minute. Wait a minute. Say that again.

Jared Capello [00:05:25]:

Live overwhelmed by God's opinion of you.

James Early [00:05:28]:

That's, Philippians what?

Jared Capello [00:05:30]:

Philippians 4:8, And that is in the Mirror translation.

James Early [00:05:34]:

That is awesome. I love that.

Jared Capello [00:05:36]:

Isn't that a great just a great verse? It's actually become my favorite. We have it, you know, framed in our house. It's up in our kitchen, and it's just something that we see every day. Because that's the reminder that I personally need as far as viewing myself and, like, you're talking about

getting out of these negative or, you know, disassociated opinions of ourselves whether they're through the eyes of what we think other people think about us or whatever. This is the opinion if I can hold true to that is going to root root me and ground me in the truth of who I am. So the way that I help people do this for themselves is first by doing that for them. Right? Because when people come to me, like you said, whether it's in the coaching space or just in a friend space, I'm not gonna forget who you are. You might forget who you are, but I know the truth about who you are.

Jared Capello [00:06:25]:

And I'm going to make sure that I do what I'm called to do, which is to see you after this, like God's opinion of you. Right? Which is unchanging. It's unwavering. You are a son. You are a daughter. You are A child of God, essentially, first and foremost. And I know that there's nothing that you can do that's ever gonna change that. And so I stay rooted in that truth, and what happens is is I'm able to sort of create this container for them To start to believe it.

Jared Capello [00:06:56]:

Right? Because it is so different to what they've been taught and what they've known. And what happens is is as I'm doing that and setting that container for them, I'm also giving them the safety to unearth some desires that are deeply rooted in there as well. There's this one quote, I think it's by Saint Irenaeus. He says, "Man fully alive is God glorified."

James Early [00:07:19]:

Man Fully Alive Is God Glorified. Yes. Wow.

Jared Capello [00:07:25]:

Yep. And to me, what that means is God has really put some really special things inside of each and every one of us. And those desires and when we start to go after those and we don't think of them as bad or that their our desires are gonna somehow hurt other people like the god given desires that we're all born with, and desire just the literal translation if you go back far enough just means of the father. Right? So we're created with these of the father things, these desires that Once realized and once we start to go after them, we just become so alive. We just become so full of, Really, like, our our design, and that's when God's likeness really and and his image can really start to come through us And show itself to the world. And so what happens is as I'm holding that space for them to start to really believe that, You know, God does want good things for them, and that they are children of God, that they are seen, held, loved, known by something Far superior than a earthly relationship regardless of how good that is, that now they can start to believe too that these desires as we start to unearth those together are actually for not only their benefit, but for the benefit of the world because that's how, You know, God works. That's how it's designed is that, you know, when when we do go after these desires, we we're like a beacon almost. We're like a light, you know, set apart In the darkness and drawing, you know, people to that, and they wanna know what it's all about.

Jared Capello [00:09:04]:

And and what it's all about really is is discovering, Again, the truth of of who we are and then going after those things that God designed us with.

James Early [00:09:14]:

I love that because what I hear you saying is that really we're looking for the desires that God has planted in our hearts. It's not like we're just coming up with them. A lot of times, I think God puts in our heart the things He wants us to do and be. And we may think at first, Oh, this is what I want, but I have found in my own life that it really is, well, the reason you want that is because God put it there for you to want to do it. Do you know what I'm saying?

Jared Capello [00:09:44]:

Yeah. Right. Yes. Absolutely. Absolutely. And I James, I I was just gonna say say to your point, you know, the best example of that that I know of is is Eric Liddell, you know, in Chariots of Fire, who's this Olympic athlete, and he's a runner, and he's also happens to be a missionary with his his family in China. Like like, his his sister and his dad and his, mother and their their missionaries in China, and he's super fast. So he starts training and preparing for the Olympics, and there's this one scene In the movie Chariots of Fire, where his sister is concerned about him and his well-being, and she says to him, You know, Eric, your mind is so full of running and medals and, like, I I I fear that you forgot the mission, you know.

Jared Capello [00:10:30]:

And and, of course, she's referring to China. And he just looks at her and he says, Jenny, I believe that God created me for a purpose for China, but he also made me fast. And when I run, I feel His good pleasure. And I think that, you know, in a lot of times in in religious circles, there there is this negative twist on pleasure. And it's like, if if it's pleasurable or desirable, it must be wrong. Right? And I and I feel like he's saying like like, this picture for me is just so such a beautiful descriptor of somebody that's found their identity that that's doing really something that they're passionate about and that they know is bringing them so much joy and God so much joy that it's like they're saying to the the often religious perspective, I am doing what God has called me to do whether you can see that or not. You know, and I'm living it full heartedly.

Jared Capello [00:11:29]:

And when I'm doing this, I feel His good pleasure. Right? And and, Of course, that story pans out to him winning a winning gold medal in in a race that he wasn't even training for. And, you know, he wins the gold and yeah. And then he ends up going back to China later. But it's it's that idea of, If this brings me joy, somehow, it must be it must be bad or it must be wrong. And really, that's just the control aspect that I've I've seen rear up sometimes in religious environments.

James Early [00:11:57]:

Yeah. You know, I just, was thinking about this verse from Jeremiah 32 verse 40, And this is from the NLT, the new living translation. It says, this is God talking "And I will make an everlasting covenant with them. I will never stop doing good for them. I will put a desire in their hearts to worship me, and they will never leave me." You know, we like to talk about free will and we're a free moral agent, but, you know, God is working in our lives above and beyond that, and he is putting a desire in our hearts to know Him, to be like Him, to understand that we are like Him. I mean, I think it's important to realize where these desires, these noble aspirations come from, and Jeremiah kinda nailed it there.

James Early [00:12:52]:

Yeah. I'd be interested. Could you tell me what got you on this path of, you know, helping people in this way. What was it that sort of opened your eyes to this sense of this greater view of to who God is in finding our spiritual identity. What got you started in all this process?

Jared Capello [00:13:13]:

Yeah. So I'll I'll try to give you the the short recap, but I was I was essentially raised in a cult, until I was 21.

James Early [00:13:23]:

Wow.

Jared Capello [00:13:24]:

And Yeah. And as I after I left, I knew God was real. I I had had real experiences, and I traveled a lot internationally, especially on my own, and really developed my own faith and relationship with God in a really tangible way. So when I was 21, it split, I think, for the 3rd time. And that's when I just kinda sat with God and and I realized my whole identity was wrapped up in this place. You know, whose wouldn't be? I was born there and born into it. So the contrast, I realized, served me really well because I saw this firsthand experience sort of of how fear works.

Jared Capello [00:14:11]:

And I remember I went to a conference a few years after that at a church out in, Redding, California, and they shared it was actually at Bethel. And they shared this phrase with me that really helped, and they said "The spirit of fear always controls, whereas the spirit of love always empowers." Wow. And yeah. And and this light went off in my brain, and I went, oh my gosh. I said the 1st 21 years of my life, Right? Was this fear control, everybody works for the system, and once you don't have a use in the system, we're just gonna kinda dispose of you. And all the, you know, the majority of the relationships that were done in the leadership were always with an agenda.

Jared Capello [00:14:53]:

Always, always, always. And I could just see how everything was rooted from this fear. I could see the insecurities of especially men in leadership. And seeing it up close, I knew. And when I left, I I told God, like, I don't wanna put You in a box again. Right? And I don't I I'm just ready to discover more of who You are. And God was so faithful to answer that, you know, that prayer and and In that dialogue of just sort of having that conversation with Him that I started meeting people that were showing me the character, the nature, the likeness of of Jesus that really helped me. I said, oh, this is that.

Jared Capello [00:15:34]:

Know, so I started to discover, oh my gosh. This is this is before I had the words for it, this is the love that empowers people to truly be who they are. And so during that time, but before I went to this conference out at Bethel, I Had taken a trip over to Romania, and at the time, I was studying biblical counseling online Thinking that that would be the direction and that would be the path that I would go in, but I wasn't enjoying it. You know, I wasn't enjoying the courses. It just had too much of a religious sort of feel, and I I just wasn't enjoying it at all. So while I was on this trip, I I actually I flew to Austria first, and then there happened to be a Hill Song conference in London at the time. And so a friend of mine who's a part of the church in Vienna invited me to go to this conference, so I went. And one of the speakers at this conference, it happened to be a life coach, and I had never heard of it before.

Jared Capello [00:16:33]:

And it was like at the end of his talk, which I was loving. I was just eating this up. I was like, this is incredible stuff what he's talking about. And at the end, he said, he was a life coach. And I was like, what is a life coach? So I bought his book. And about 3 weeks after that, I wanna say, I was in Romania, and I was volunteering at a YWAM base in Cluj. And there was a police chaplain and life coach from San Diego there. And, so we started talking and he said you know, he told me what he did, and he said, I'm a life coach.

Jared Capello [00:17:05]:

Have you ever heard of it? And I said, not till about 3 weeks ago when I was at this Hill Song conference in London, and this guy shared. And he goes, yeah. You know, I've been doing it for a while. Sort of sharing a little bit of it with me, and it piqued my curiosity because now this is the 2nd time in 3 weeks that I'm hearing about this. And about a month after that, a pastor and his wife came out from Texas, again to the YWAM base, and now is having breakfast with them 1 morning. And he said to me, Jared, what are you what are you doing aside from, you know, volunteering here and what you have going on, and I said, well, I'm studying biblical counseling online. He didn't respond today. He just looked at me and said, have you ever considered being a life coach?

James Early [00:17:48]:

Sounds like God is, trying to get you one way or another there.

Jared Capello [00:17:51]:

Yes. Exactly. Exactly. So I said, well, I said, funny enough, I hadn't heard of this until about 2 months ago. I said I went to this conference, and I heard this guy speak, and Then I told him the guy's name, and I said, have you ever heard of him? And he starts laughing, and his wife just is laughing too under her breath, and then he looks at me, and the next words out of his mouth were, he saved our marriage.

James Early [00:18:14]:

Wow

Jared Capello [00:18:15]:

I went, oh my gosh. So clearly, there's something on this. And so when I got back to the States, I I looked into some different coaching options, and I and I realized as I was researching it more and more, Why? Probably, I I personally had more of a dissatisfaction, I would say, toward the the biblical counseling route that I was going, And more of a proclivity toward the coaching list because coaching was really about empowering people to be who they really are. And counseling has its place for sure, and I I've I've served in churches as a counselor. And sometimes when I'm working with people, it sounds a little bit it can be a little bit more of that counseling aspect, but the coaching was more about really empowering people to who they really are. And so, you know, after that, after hearing it that 3rd time when I got back to to the States, I decided I I gotta do something about this and get, You know, certified, so I looked into the qualifications. That'll be, I believe, 13 years this December that I got certified.

James Early [00:19:16]:

Wow. That's so amazing. Do you mind sharing maybe a quick example of someone you've helped make that transition from, you know, this negative way fearful based approach to life to helping them discover who they really are.

Jared Capello [00:19:34]:

Yeah. Absolutely. You know, most of my most of my clients, even to this day, are typically coming out of, a hyper religious idea of of who God is.

James Early [00:19:48]:

What do you mean by hyper religious idea of who God is?

Jared Capello [00:19:51]:

Yeah. So great question. I should definitely explain that. It's more of this this God that was handed to them of, like, do these things, don't do these things, Rather than a relational God that

unconditionally loves them, sees them for who they are, and values them. And, you know, just as David said, it's like God's gentleness. Right? led him to repentance. You know, it's this in a repentance, again, it's just a way of changing the way that you think. Right? It's it's It it can often be seen as this heavy, like, you have to change your ways and you know? And it's it can have that sort of idea behind it.

#### Jared Capello [00:20:28]:

So a lot of people that I've worked with and and still work with are coming from that sort of idea of do this or don't do that or god's gonna be Sort of mad at you, or I don't really know if I can trust God because I'm not convinced of his goodness really is what it comes down to. So as I'm coaching with different people and and sort of sharing this with them and these principles of just how good God is and just how good they are too. And I guess that's what I would say, kind of getting back to your your question there of what I mean by a hyper religious idea of of who God is. So I think it's more of that that there's this idea that there that there's inherently something wrong with them rather than and this is this is my true belief on this rather than being made in the image and likeness of God first and foremost, which is where I get that saying, you know, live the love you are. You know, be the love you are, and you were created from love. And, you know, wherever people wanna pick up the gospel story as far as Genesis 1 or, you know, post resurrection. You know, I say, that's great. Now just get into those "I ams," and let's rejoice.

Jared Capello [00:21:33]:

Let's celebrate. Let's live that way. Let's be that way. Let's let that be the truth about who we are now. So to me, it doesn't matter where they grab hold of the story. What does matter is that they do grab hold of the story because to me, the the whole Bible is just a reflection of God's goodness. I think the one that comes to mind right now is a a single mom who is kind of struggling with her identity because it's really an identity issue. Because as we're saying earlier, like, once you know who you are, once you know that you're loved unconditionally, Then it is that, as I was just saying earlier, your gentleness has made me great.

Jared Capello [00:22:12]:

It's that constant reminder, you know, and there's this Psalm that says, you know, by the still waters, my soul remembers who I am, and I love that translation of that verse. And I just thought, my gosh, how beautiful. By the still waters, my soul remembers who I am. So this particular client, you know, they they had attracted a lot of drama to themselves and a lot of dysfunctional relationships, and now they found themselves as a single mom And I had to go and move back in with their parents, and I was actually coaching them during a lot of this time of them transitioning from their apartment, going to live in their parents' basement with their daughter, and it was just a a rough time for them. But, again, it it's holding that space of knowing truly who they are and just how loved they are until they can start to do it for themselves. And what happened was they started to believe it for themselves. Right. They started to to start to see this.

Jared Capello [00:23:08]:

They started to see how God was with them and God was setting them up to win, you know, in all these situations and in different circumstances and Really gotten to a I would call it, and I recent I recently heard this, you know, it it's the into the The frequency, if you will, or or the energy of the answered prayer. You know? So they started to understand, You know, God is for me, and I'm a daughter. And let me test this because I haven't played this out. You know, I I've grown up in the church, and I've grown up, but I I've I've never lived as someone who truly knows the goodness of God. So let me do that, And let's see what happens. Right? So over time, you know, they they got out of this situation. They originally hired me as a relationship coach, by the way, but I always knew anytime whether somebody hires me, doesn't matter what they're hiring me for. I always know it's gonna come back to this core identity of how they think God sees them, and then how they see themselves.

Jared Capello [00:24:11]:

Once those two relationships are put on the straight, then everything else in their lives will start to fall into place, be it financial or dreams or goals or career or geographical location, whatever it might be. Then when they weren't expecting it, right, they had done the work. They had sort of healed this their relationship with, again, how they were seeing God, how they viewed God, and then understanding how God then views them, and then how they now can view themselves. Right. And what happens in that too is you start to have a different world view toward others as well and toward other people. You're much more kind. You're much more generous. You're much more willing to let people off the hook.

Jared Capello [00:24:50]:

Right? Because you understand that, hey. They really can't do anything to me unless I and this is gonna sound maybe a little far out there, but unless I allow them to. Regardless of what it is, it's what I make of it. Right? It's still on me to decide the outcome ultimately, because it's always gonna come back to my perception of this. Right? And it's gonna come back to, What do I make this mean? And that's empowering because now you're not in this victim mentality like this particular client was. You're in a this is the truth of who I am. As we're saying earlier, like, I've been accepted. You can't reject me.

Jared Capello [00:25:28]:

The mindset, then what ultimately ended up happening was when they weren't looking for it. Right? When they weren't looking for the relationship anymore because they had and I think it had been maybe 6 months or almost a year that they were single and not even thinking about that, and then met the person of their dreams. Right. And now they're engaged, and they're gonna be married actually next month.

James Early [00:25:52]:

Oh, that's cool.

Jared Capello [00:25:53]:

Yeah. Just a beautiful, you know, beautiful transformation, but, again, not because she needed this person. You know? Because before it was like, I need you to feel complete. I need you to fill this role in my life. Right. Which would, again, was just expectations handed down to her on how to be successful in life. You need to get married and hope that he makes this much money or you know what I'm saying? Like, all those things to check those boxes. Right.

Jared Capello [00:26:18]:

This was a real where did you come from? Right? And how are you making every part of me come alive? This is just fantastic.

James Early [00:26:25]:

I totally identify with that because not too long before I met the person that I married. And for my listeners, you may remember if you've been with me for a while, I did a whole podcast episode on how I met my wife because it was a real God thing kinda like you're talking about, Jared. I realized I had to find that sense of completeness in myself and not like I was perfect when I got married. You know, I'm still working on a few things even now 34 years later almost. But I had to realize that I couldn't try to find that sense of completeness in a companion.

Jared Capello [00:27:00]:

Yes.

James Early [00:27:00]:

I had to find it between God and me, and I think too many people get married thinking that someone else is gonna fill in the void. And those relationships, if they last, they're built on a faulty foundation. And I think what you've helped this person do is realize there's only sense of completeness first. But I would say if you're listening now and you're thinking you're looking for relationship, Would you wanna be married to somebody like you are right now if you're needy and feeling all these things? No. You won't need to find your own sense of completeness and then the person that's right for you will be attracted to that.

Jared Capello [00:27:36]:

Absolutely.

James Early [00:27:38]:

I wanna come back to something you said earlier in your answer, you talked about your relationship with God and having a relational relationship with God.

Jared Capello [00:27:50]:

That's good though. I like that.

James Early [00:27:51]:

You know, it's about our relationship with God. It's not about knowing things about God or worrying or And Fearful that he's gonna do terrible things to us if we don't obey all the rules. Yeah. Why do we go there? Why do we think God is that way. We need to discover the Bible says God is love. Yes. That's what Jesus demonstrated every day of his life that God is love.

James Early [00:28:18]:

Yeah. Where does this fear come from? I guess I'm asking 4 or 5 questions here. Why do churches, for example, use fear to control people? You know, like you were saying, love is really the way to empower people. Fear is trying to control them. Yeah. You can jump on that merry-go-round anywhere you want to.

Jared Capello [00:28:37]:

Okay. Yeah. I'll start with, you know, I think a lot of times people, I I know I did growing up. I I had this really Old Testament view of God, right, of His judgment and what that looked like. And it was calling down fire from heaven or, you know, whatever or or wiping away a whole nation or selling a profit to make sure that nobody's left alive or or whatever the story might have been. A lot of people still have that idea of God. Right? And and so they think that God's justice is really painful and hard and detrimental and could even, you know, just wipe somebody's existence clear off the planet. Without coming into the knowledge of what Jesus is actually saying.

Jared Capello [00:29:21]:

Right? So, you know, for instance, Jesus is with his disciples, and they go to this town, and the town doesn't welcome him. And his disciples say, like, Jesus, should we call fire down from heaven and just destroy this place? And he's like, You don't know what spirit you're of. Like, you you don't really know what you're talking about. And so you have this this very contrary idea that Jesus is now showing us of a different view of God. Right? And it isn't one of this, like, fire down from heaven and and these things. And he says, if you've seen me, you've seen the Father. And so without actually having that revelation, And I and I think a lot of people still see Jesus as the way to get to God because Jesus appeased his justice, you know, sort of thing. And, you know, there's so many different theories around that with penal substitutionary atonement theory and different ideas, but they still think that Jesus is, like, Thank God for Jesus.

Jared Capello [00:30:14]:

Otherwise, God would still be mad at me. And I think that people have this erroneous, in in my opinion, view of, you know, Jesus' death to satisfy this this, like, rageful sort of Father, you know. And and so I think that inherently, Without actually doing the work to say, like, well, wait a second. If Jesus is actually showing me what God is like, I don't see Jesus going out there and

saying, like, I'm gonna give you cancer for my glory or ruin this relationship for for my glory or anything like that. All I see him doing is going and healing the sick and really helping people, you know, and loving them and showing them what the Father is like. Right? So without actually embodying that example, you know, and and living and loving that way, there's still a lot of old ideas and ideals about how God was viewed and they're carried into their life, and and then they they still have these views of of who God is.

James Early [00:31:15]:

So do you think, coming back to the part of my question was why do you think churches use fear to control people? Oh. It's really this Negative, wrathful sense of God. A lot of times people, they're afraid of what Yeah. God is gonna do to them, but then the churches sometimes use that to try and Yeah. Coerce people to do what they want them to, and it's not based on love. It's not based on a relationship with God. It's based on fear.

Jared Capello [00:31:43]:

Yeah. And I and I think that's it. It's the agenda. Right? So they somehow convince themselves, first of all, that what they're doing is for God's glory, and so they can use the means of sort of starting to use people for that ultimate goal, whereas God doesn't use people. Like, He's not, or not in that way. You know what I'm saying? Like, he doesn't use people so that the system can be can go on or you know what I mean? And and doesn't see people necessarily as cogs, you know, in this machine. But I think when it becomes more about the system, You know, Richard Rohr, you know, I think he he put this best.

Jared Capello [00:32:20]:

He was being interviewed, and I'm not sure if you're familiar with him, but he's a Franciscan friar. And I remember he was being he was being interviewed, and he said, you know, "Religion is the best thing in the world, and it can also be the worst thing in the world."

James Early [00:32:34]:

He's right. I love Richard Rohr.

Jared Capello [00:32:36]:

Yeah. Yeah. Wonderful. Wonderful guy. And so, essentially, you know what he's saying is this can really be the fast gateway, you know, to get you into relationship with God, you know, this relational aspect of who God is. But I think a lot of the fear in the church is then what? Like, what if we just set people free to really know God in this true intimate sense, you know, of of knowing? Like, where do we fit in there? And and instead of thinking, like, how can I empower people to come deeper into relationship with who God is? Right? Because I want them to experience what I get to experience for themselves.

Jared Capello [00:33:14]:

Right? If this is the pastor sort of thinking this way of the church or the prophet or whoever. You know, I'm thinking, man, I want people to be able to experience what I'm experiencing. How do I point them back to This, you know, the core goodness of who God is. You know, I think that that message in itself empowers people, but it would also empower people To wanna stick around, you know, and and to wanna go and be a part of of an environment like that where people are truly being empowered To be who they are and then see how the system sort of unfolds as people are being set Set free into doing sort of like the Eric Liddell analogy earlier of, like, when I run, I feel it's good pleasure. When I sing, I feel it's good pleasure. When I get involved in In the drama team, I feel His good pleasure. When I get involved in, you know, this new idea that I have for, you know, the art program at the day school that the church has or whatever it might be. Right? Now you have all these ideas, and you're creating a space and a container for more and more ideas, which could be a much more loving approach.

Jared Capello [00:34:18]:

But the fear thing, I think it just always comes down to agenda and trying to plug people in how you think you need them and how you think the system needs them rather than let's empower people to be who God made them to be. Because with that, there isn't control. And when there isn't that control, you're very vulnerable. I don't know what they're gonna do, but then they could go do this.

James Early [00:34:42]:

So my next question is, let's say someone is in a church and it's kind of trying to manipulate and control by fear, but you don't realize that's what's happening to you. What are some of the signs to be aware of, and then how do you get out of that?

Jared Capello [00:35:02]:

Yeah. That's a great great question. I think that, first, if if anyone's heart is really, first and foremost, God, what do you have for me? You know, like, personally personally, like, if if that relationship is first and foremost. Because what I've seen is people might say that, but if you actually get to what they think, you know, they think that this particular ministry saved their lives. This particular church saved their lives because of what they helped them out of or something. Right? If they have some past in drugs or alcohol or whatever they were doing before meeting the church. A lot of times, they insert church into that role instead of God. Right?

Jared Capello [00:35:47]:

So if somebody finds themselves in a position where they, you know, they are being manipulated by a church or, you know, a religious system of some sort, they have to somehow find a way to start thinking for themselves, and the first thing to know is that they can. Right? And feeling wise It's like getting back to that space because you truly if you're willing to be honest enough with yourself, and this is the key for people, like, if you're willing to be honest enough with yourself, you can recognize whether something very, very simply feels good or doesn't feel good. And if it doesn't feel good, you have to be willing to ask yourself, why doesn't this feel good? And maybe before you go and seek counsel from the system. You pray to God, and you say, God, before I go to pastor so and so or whoever, I want you to open up a different door for me to figure this out, because God will do that. God will open open your eyes up to it. He the same way he did for me, And other people that I know of too. He will absolutely do that if your heart is really set and and after Him and and seeking Him. That's what you have to be willing to do.

Jared Capello [00:37:00]:

Just from my own experience, I've seen people really love the system because you're taking care of everything for me. I got my family here. Now there's a day school. This is really convenient for me, and I don't have to think. Right. Because I I I'm thinking about too many other things. I'm thinking about this business or the company that I work for or just other stuff, And to have this whole part of my life sort of taken care of because there's a there's a school with the church and then there's the youth with the church. Now I don't really have to be a proactive parents, so to speak, because these things are already in place, you know, and it's already taken care of, you know, and apply that however you want to, you know, because for a lot of people, church gives that community.

Jared Capello [00:37:43]:

Don't get me wrong. We're not saying that there are not places that are set up in a very healthy way for these things, churches that are set up in a very healthy way for these things. But you know innately just by how you feel, whether it's right or not. In my own experience, you know, there are many stories of different men that knew. Right? They knew better. Right? And I think it's the Maya Angelou quote. You knew better, but you and you you should've chosen better or something to that effect, but yeah. I think it can be that simple of just how does this feel? When you find yourself getting defensive in in all this stuff, which a lot of times that religious mindset and perspective will do, Why am I being so defensive right now, and what am I being so defensive about? Because there were times for me, I thought I was, like, standing up for God and doing the right thing and arguing with people theologically about stuff that really didn't matter.

Jared Capello [00:38:38]:

It was not the non essentials, and now I'm burning relationships because I'm so bent on this. So for me, it was like I was ready for a complete reboot. Like, God, who are you? And I also had a sense of somewhat of who God was. Show me even more, And don't let me put You in a box again. Right? So it was this this knowing because I had, again, experienced, and I had these experiences with God that were very real, very tangible that proved that for me. Thankfully, I wasn't lost from that because I wasn't just completely bought into the system.

James Early [00:39:15]:

So you've mentioned a couple of times that you've had these, very convincing experiences with God. Is there something you could share with us briefly that made it obvious that there is a God and you had a relationship with God?

Jared Capello [00:39:30]:

Yeah. You know, it's not gonna sound anything wildly supernatural. This story won't anyway. I just remember being just being a teenager. Right? And I remember being in my room, and I just remember very intimate moments and times where I was just, like, weeping with God, and it wasn't, like, from a repentant place, like like, I'm so sorry or, like, I'm not worthy. It was more than that. It was just like this special, God, You're real. And this could have been inspired even at the time through a sermon, you know, or through a message or or through God leading me to a verse.

Jared Capello [00:40:10]:

And This one verse in particular I remember. It was Zephaniah 3:17. I'm like, Zephaniah? Why am I even opening up my Bible to here? I I must have been, you know, I think I was 18 or 19 years old. And I just remember reading it one night, and I was like, Okay. Zephaniah 3:17. And I read in there, and it was really cool because getting back to God's goodness in the Old Testament as I know I was talking about there's other views of God in the old testament, but Israel was in distress again and being overrun by a foreign nation or taken over by a foreign country. I don't remember exactly the context, but the prophet Zephaniah is saying, "The Lord your God is rejoicing over you, and He's delighting in you. He's singing songs over you."

Jared Capello [00:40:52]:

And I was like, woah. Like, God has a completely different perspective on life, right, and and on things. And and and began to see that God is very solution oriented. You know, he's not not wrapped up in our problems. But, anyway, I just remember being drawn to this obscure passage. And then the next day, I went to church and not the main pastor, but one of the assistant pastors got up and he said, "Open your Bibles to Zephaniah chapter 3. We're gonna read verse 17." I'm like, what in the world? Right? Like, of all the times I've come to church and actually, this has never happened before.

Jared Capello [00:41:29]:

Like, not in this way, you know, that I that God really confirmed something for me. I didn't even know about this verse until last night, and now it's being taught, and I've been in this system for, what, like 19 years 18, 19 years at this time. But that was definitely one instance, and then I I traveled a lot. That's one thing I'm very grateful for is this was a very international based, ministry Yeah. I was a part of it. My parents are wonderful people. I didn't go on a lot of youth trips ever to go and visit these other countries. They're like, we trust you.

Jared Capello [00:42:02]:

We're gonna send you over to this branch ministry over here at this church. And so I was 15, I went to Brazil, and the next summer, I I was in England and Ireland with some friends. And then year after that, I went to France by myself to visit the church over there. And and so through that

travel, I just remember journaling a lot and and being in the plane. And there and then I just started seeing these synchronicities as I would be just kind of aware and on the lookout more for what God was doing, and I was starting to give space to be more in the now, to being more present. And but then I started to see God work in those ways. So then when everything happened, God was also very very faithful in showing me, like, so before I I was actually overseas when the church split again for that 3rd time. And before I left, God showed me this I I witnessed a conversation between the now leader and the the youth leader at the time that was, like, so anti-God.

Jared Capello [00:42:59]:

And I knew it then, and I was just, like, what are we doing here? Like, what are these guys up to? This is crazy, you know. So then when I left, the church ended up being taken over by this guy that I had heard this conversation earlier with. And to me, that's not a coincidence. Right? That's God putting me in a in a place and a time to prepare me for what was coming. So when I got back, it was a very easy decision for me. And I remember choosing this myself. I remember my dad was an elder at the church, and he would kinda keep me in the loop, but I said, Mom, Dad, I'm gonna make my own decision when I get back. You know, and and I appreciate your input, but it's very subjective" because I wanted to make my own decision, you know, and God had already shown me something.

Jared Capello [00:43:41]:

So I'd say in that, you know, in in having these encounters at that time, you know, with God. And then since then, you know, it was discovering the Holy Spirit. That was its own journey, sure, as you know. Because for me, you know, the first 21 years of my life, it was It was first 22 years even after I left, that cult, but it was Father, Son, Holy Bible. Right? I didn't see the the Bible per se as this beautiful love letter directing us to God. Right? So then I was oh, there's things of the Spirit. Like, God, show me Holy Spirit. And then I was part of a a house church in Baltimore that was seeing some really cool supernatural stuff regularly, and it just sort of opened my eyes.

Jared Capello [00:44:24]:

And that was what immediately reminded me of, God, I don't want to put You in a box again. He said, okay, here you go. Here's some people that get together and they're all coming from, like, different churches. Some of them don't go to church. Some of them do go to church, but they don't all agree on the same stuff. And that to me was super healthy and was like, I like this. And you know, it again, it felt so much different when you've experienced the contrast of the fear and the control. You know the love and the empowerment once you see it.

Jared Capello [00:44:52]:

You're, like, oh, that's it. That's it. There was no, we want you to do this thing because we need you to and nobody else can do it. There's no manipulation or anything like that with these relationships. So that's why a few years later when I go to this conference at at Bethel and they

say that spirit of fear always controls. The spirit of love always empowers. My heart, my everything, my soul goes, oh, of course. Because I had been experiencing the latter, and that's where I said, oh my gosh.

Jared Capello [00:45:17]:

The last 7, 8 years of my life have been this love and empowerment. Whereas this other, you know, this first part of my journey was the the opposite.

James Early [00:45:27]:

Wow. You kind of said something in several different ways that I talk a lot about, and that is it's about our relationship with God. It's about not knowing about God, but knowing God, feeling God's presence. And letting God reveal who He is to you instead of holding on to our opinions about who God is.

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Jared Capello [00:45:50]:
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So good.

James Early [00:45:52]:

The next thing I wanna talk about though is you keep talking about love and rightly so. And I know in in a lot of your stuff on social media, you're always talking about God's unconditional to love. And we throw that phrase around, God's unconditional love. What does that really mean to you? Why do you think it's so important and you've kind of already shared a little bit of the the the change that's brought about in you and your own life, but why is God's love unconditional?

Jared Capello [00:46:24]:

So we know for a fact, as you said earlier, God is love. And to me, why it's so important is because anything made after its own kind will reproduce itself. Right? And we know we were made in the image and likeness of God, and then we know that God said it is good. So inherently, that's who we are, which is why I say be the love you are, live the love you are. And that is our ultimate true identity. Right? And being children of God, that is within the very fabric of our being. And it's that revelation.

Jared Capello [00:47:03]:

It's that identity. It's that truth. It's that awareness that now opens up the world to you in fun, creative, supernatural seeming ways to be able to not just do life in some role, you know, that society gives you or that your family told you you have to take or your job is telling you need to do. Like, you're you're fulfilling so much more than that because you're operating as someone that knows just how loved they are, and really how royal they are. Right?

James Early [00:47:35]:

Wait. Wait. I want you to emphasize that again, how royal we are. Expand on that a little bit because some people don't give themselves permission. They say, oh, yeah. I'm the child of God, but

Jared Capello [00:47:52]:

Yes. Right. But I'm disqualified because yeah. Right.

James Early [00:47:57]:

Fill in the blank. We've all done it probably.

Jared Capello [00:47:59]:

But Yeah. Yeah. Absolutely.

James Early [00:48:01]:

Talk about what this means to be he son or the daughter of the King that we have a royal inheritance. I love it where Paul says in Romans 8. We are co-inheritors with Christ. That's pretty amazing. That's our true heritage, our true birthright.

James Early [00:48:21]:

So talk about that just a minute.

Jared Capello [00:48:23]:

Yeah. Absolutely. So much of this, right, in in these New Testament and and this royalty idea, it first starts in a place of, I wanna try to believe this. Because, you know, it may be everything that I've been seeing isn't showing me that I'm royalty. But I can take responsibility for that because and and I try to get people on this trajectory. You were made in the image and likeness of love, made in the image of likeness of a creator. You then can go and and sort of create things, you know, as God says In in one of the Proverbs, you know, as you think so you are. What you're really doing is starting to empower people back to the truth of of who they are.

Jared Capello [00:49:04]:

Right? To this love also being made in the image and likeness of a creator. So from that space, I say, okay, What does God say about me? Like, what's true about me? And then I can go to these Scriptures like you just pointed out where Paul is essentially saying this, like, we're seated in heavenly places. Okay. What does that mean? I'm gonna start like I was saying earlier, I'm gonna start to try to believe that. And then what happens is you renew your mind In these truths, you renew your mind in the "I ams." Right? And and by the "I ams," I mean, you know, I I think they had them listed in, like, 3 different categories. I am significant. I am accepted.

### Jared Capello [00:49:41]:

I can't think of the third one right now. And and there's so many more, but just littered throughout the whole New Testament is just all this stuff that's jam packed about our identity and who we are. So it's it's not like you said, it's not enough to just know that you're a child of God, but you have to know what that means. And so for me, renewing my mind is all about renewing my mind and truths like living overwhelmed by God's opinion of me. You know, it's all about renewing my mind in I'm seated in heavenly places. It's renewing my mind in these ideas of as He is, so am I. And so what people have to do is they're forced to either accept this as true or not. You know, and what I found is that a lot of people in church, they'll take literal the points of the Bible that would best serve metaphorical.

#### Jared Capello [00:50:39]:

And they will not take as literal this stuff like "all things are possible for the one who believes", you know, or "you're seated in heavenly places." They they don't wanna think about that stuff. This happened for me too where God really had this wake up moment. Like, do away with this false humility stuff because we're we're sick of it. And I remember just being like, oh, Okay. Because this is who you are. And if you wanna continue in this deep, really meaningful relationship with Me, you can't keep identifying as pre-cross or pick the story up at Genesis 3. You can't do that anymore because it's not gonna serve you for your life, and it's not gonna benefit our relationship at all. And that was a hard truth for me to hear because I had been checking the boxes and doing the things easily, but somebody has to come to this and say, okay, what does a child of God really look like? What does that really mean? Right? Because now when I start to apply these truths, which I just think, you know, renew your mind is really grabbing hold of this form of consciousness of all the stuff that's true now of Jesus is true of me.

Jared Capello [00:51:43]:

So what does that look like? What does that look like for me today? And sitting and having this conversation with God as you're talking about how you talk so much about this relationship with God, so that it can start to look like something. So it starts to look like me just fulfilling this role at work. Woah. I'm I'm latching on to the fact that this is who I am. This is who I've always been is part of the beloved. And what does that mean to be part of a royal family where I'm unconditionally loved and accepted. And for a lot of people, I found that it may be in more, of these religious circles that we're finding is, like, But if there isn't this good and bad thing, then what's going on? You know what I mean? Like, it's it's like but I need God to look at me and say, you did good or this wasn't good.

Jared Capello [00:52:28]:

So that like, I need that sort of guidance, and God's saying, like, I will relationally guide you the same way I did David. Right? Your gentleness again, this is the 3rd time mentioning this, But your gentleness has made me great. Right? And it's and it's the love. It's the love of God. It's the

love of God. It's the love of God. The reason why it's so important to me is because it's the very fabric of everything, you know, in my opinion. You know, when I when I read this Yeah.

Jared Capello [00:52:51]:

The word, you know, I just see it just just everywhere. You know, Christ is in all things and through all things and literally holding everything together, you know, and that is innately at the core of who we are. So when we tap into that, now we tap into fulfillment regardless of what's going on around us. And now because we have this truth, because we're living from this space, now our reality, because as a man thinketh, Now our reality is completely being reshaped and reformed to these truths that we're now believing for ourselves as a child of God. So seated, being seated in heavenly places, whatever that means, now now you're starting to prosper In all these ways, you know, financially or or with opportunities or with your family, with your friendships, you're starting to prosper just as your soul prospers because you're you're latching hold of, and you're grabbing hold of these truths at a conscious level That's actually changing the way that you're showing up in the world, and it's changing you from the inside out. Yeah. So that to me is, you know, that that's that whole love piece for me.

James Early [00:54:02]:

And this is kinda changing the topic a little bit. I saw that you had gone to Maui after the fires there.

Jared Capello [00:54:08]:

Oh, yes.

James Early [00:54:09]:

And I wonder if you could just share really briefly how you were able to help. And more importantly, you know, it's hard to know what to say or do to help someone who's been through some incredibly devastating situation like that. You want to comfort somebody, but the things that come out of our mouths sometimes are awkward or we say the wrong thing or we put our foot in our mouths. What did you find was the most helpful thing that you could do or say for people after they lost their everything in those fires?

Jared Capello [00:54:47]:

Yeah. The the first thing I would say that was the most helpful was to hold space for people. And what I mean for that is to to look them in the eye, to be there, and just be real. Like, they they have this thing in Hawaii called talk story. It's when you're just giving space for people to talk and say what they need to say. So it is vulnerable, And sometimes that looks you have to be brave to just ask the question, like, how are you doing? Really, how are you doing? But you have to do that from a place of this this love that we're talking about, this unconditional love. To know that I was equipped to go was solely because I know that I'm going to do that. Like, I'm going to

be this unconditional love in a way that is tangible for these people to see that have really lost some things.

Jared Capello [00:55:37]:

I would say that's first and foremost is is creating that space first for them to feel safe, to feel known. That's how I go about doing that. Right? It is this consciousness of I I have love in my heart for these people, for this situation, for whoever I meet, for whoever comes across my path. God, you direct my steps. You guide me here. Holy Spirit, you decide. Right? What I say when I say it. It's it's very similar when I'm coaching someone 1 on 1.

Jared Capello [00:56:05]:

You know, I just kinda tap in and say, God, what do you have for them in this moment? Because I might ask a question that seems from left field to really help them open up, and it's that same awareness. It's that same consciousness of God you speak in the situation too, if that makes sense.

James Early [00:56:19]:

Yeah. Totally. Did you feel like people felt your love? Did you feel like you were making a difference there?

Jared Capello [00:56:27]:

I did. Yeah. Absolutely. And and I knew going there because the organization I went with, they asked me to go specifically because of my background in in coaching and counseling to be able to sit with people in those times and and hear their story and not get lost in their story. That's a big deal. To not lose sight of who they are, not lose sight of who God is. There were times, you know, because what what you're talking about, like losing homes or family or whatever it might be, there was a lot of survivor's guilt. Right.

Jared Capello [00:56:54]:

Because there are people that just lost their home, but they knew friends that lost family members. So they don't think they should feel as bad for losing what they lost because somebody lost more. So a lot of it was very practically helping them feel their loss. Right. Like, hey, you lost something too, and don't compare your loss to somebody else's. Even if somebody lost their house like you lost your house. Don't compare your process to their process, because it doesn't need to look a certain way. How do you feel right now? Have you talked to anyone about it? Right? And just being very direct.

Jared Capello [00:57:30]:

And, you know, I remember there was this this young girl, probably in her early twenties. She was trying to take care of all her family, and she wasn't processing anything. And I just told her,

you need to. You know, like I just said, like, you have lost too. And have you taken the time to process this? And she's like, No. But I just feel and I said, Listen. You're not gonna be able to help other people the way that you want to and the way that you know you can, unless you feel what you've lost and you process that. And what ended up happening was was she just ended up crying on my shoulder for, like, a real time 2 minutes.

Jared Capello [00:58:05]:

You know? And I said, how are you how are you feeling now? She's like, I I feel a lot better a lot better. You know? Thank you. And and her cousin was there, and I said, listen. Whenever you need to talk, you have support around you. You know, her cousin had flown in from the mainland. So be open, and it doesn't matter what you're feeling. When you're feeling it, feel it, and just let it out. Don't try to keep it in because it's just energy that needs to be released.

James Early [00:58:32]:

I love the point you made about oftentimes the caregivers not really taking care of their own emotional and spiritual needs. Sometimes not even their physical needs like eating enough.

Jared Capello [00:58:43]:

Yes.

James Early [00:58:44]:

That's something we all can do better at if if we're in a caregiver position, whether it's in a a little family situation or something more traumatic like this. Certainly, you rise to the occasion to help people, but you do need to take care of yourself as well.

Jared Capello [00:59:02]:

Absolutely.

James Early [00:59:04]:

We've got to wrap things up here in just a few minutes. There are so many things I wish we could have time to talk about, but I wanna honor you for just your heart. The sense of just loving people as children of God, no questions asked. That's just so beautiful. All the ways that you're helping people. I mean, I have some friends whose either children or friends were in the situation in Maui, and, you know, we've sent some money to help and stuff, but you were there with your feet on the ground and your heart open and your hands and your hugs available, and that's just that's amazing. I really admire that greatly and that I'm sure you made a much bigger contribution than you're even aware of. So I just wanna honor you for that specifically, but all the ways that you're helping people and finding your own relationship to God and helping people discover that too.

James Early [00:59:59]:

What's the best way for people to connect with you?

Jared Capello [01:00:02]:

Yeah. First of all, thank you for those those words. I I take those to heart. I appreciate it. And, yeah, the best way is social media. So Instagram is is my my biggest forum of of how I share and then also, Facebook as well.

James Early [01:00:18]:

Okay. Well, I'll have those links in the show notes, and, people can connect with you there. Yeah. Beautiful. I always ask my guests 3 final questions.

Jared Capello [01:00:28]:

Okay. I like that. That's the Lewis Howes adaptation. That's how he met.

James Early [01:00:33]:

It is actually. We did meet through Lewis Howes' event, and he does the same thing, and that's kind of what I model this after. But my questions are a little different.

Jared Capello [01:00:43]:

I'm sure.

James Early [01:00:44]:

If you could talk to any Bible character other than Jesus, who would it be and what would you ask them?

Jared Capello [01:00:52]:

For me, it would be Joseph.

James Early [01:00:54]:

Which Joseph?

Jared Capello [01:00:55]:

Oh, right. Yeah. Not Jesus' father, but the Joseph of the Old Testament that was sold into slavery.

James Early [01:01:01]:

And what would you ask him?

Jared Capello [01:01:04]:

I'm actually surprised that that just came to me. I don't know why I said that. But what I what I would ask him is how he kept his faith even when it seemed like all was lost.

James Early [01:01:17]:

Yeah. That's an amazing story.

Jared Capello [01:01:19]:

Oh, yeah. I love that story.

James Early [01:01:21]:

Okay. Here's question number 2. Is there any Bible character that you especially identify with?

Jared Capello [01:01:30]:

The apostle John.

James Early [01:01:31]:

Okay. Tell me why.

Jared Capello [01:01:33]:

I don't think it's because Jesus loved him more than the other disciples, but he clearly knew, you know, as he self titled himself the, you know, the apostle that, You know, the one the disciple that Jesus loved or something. He clearly knew and had an understanding of Jesus' love in a way that I don't think most, I I'm not gonna say anyone else, but most people got it. And, yeah, I just I relate to that.

James Early [01:02:03]:

That is such a powerful idea to know that you are loved, not to just say the words, You know, to really feel that, that's a wonderful I love that answer.

Jared Capello [01:02:14]:

Mhmm.

James Early [01:02:14]:

Okay. Here's the third question. The Bible Speaks to You Podcast is about getting back to the original Christianity of Jesus, what he said, and not all all the things we've added in the last 2,000 years. Yeah. How would you describe Jesus's original message of how he wanted us to live our lives?

Jared Capello [01:02:36]:

Oh, I love that. So two things come to mind. First is, you know, Jesus says, judge as I judge, and I'm paraphrasing here. And he says, by the way, I judge no one. And I think within that, that's the key to freedom for people. Because most people, we tend to look around and label things and we judge it and blah blah. Jesus just loved like, he just tapped into the truth of who he was.

Jared Capello [01:02:58]:

He hung out with the Father, And I think that that's what he was modeling for us. It was like, this presence is available for you. So if you'll just tap into this presence that I'm modeling for you, if you'll spend the time and take the time to connect to the heart of the Father, you'll really know what the Father is like, and it will transform you.

James Early [01:03:18]:

Wow. Absolutely beautiful. Thank you. Jared, it's been great. I really appreciate you taking some time to be with me today and my listeners. I've just enjoyed this so much. Thanks so much for being here.

Jared Capello [01:03:31]:

Yeah. Thanks for having me on, James. I really appreciate it, and such an honor. Alright. Take care. You too.

Jared's Social contacts: <u>Instagram</u> Facebook

# **Bible References**

Philippians 4:8 Mirror translation8 Live overwhelmed by God's opinion of you

#### Jeremiah 32:40 NLT

40 And I will make an everlasting covenant with them: I will never stop doing good for them. I will put a desire in their hearts to worship me, and they will never leave me.

#### Psalm 51:1 NKJV

1 Have mercy upon me, O God, According to Your lovingkindness; According to the multitude of Your tender mercies, Blot out my transgressions.

**Psalm 18:35** NKJV 35 Your gentleness has made me great.

**Psalm 23:3** Mirror translation

3 By the still waters of reflection, my soul remembers who I am.

### **1 John 4:8** KJV

8 God is love.

### Luke 9:51-56 KJV

51 And it came to pass, when the time was come that he should be received up, he stedfastly set his face to go to Jerusalem,

52 And sent messengers before his face: and they went, and entered into a village of the Samaritans, to make ready for him.

53 And they did not receive him, because his face was as though he would go to Jerusalem.

54 And when his disciples James and John saw *this*, they said, Lord, wilt thou that we command fire to come down from heaven, and consume them, even as Elias did?

55 But he turned, and rebuked them, and said, Ye know not what manner of spirit ye are of.56 For the Son of man is not come to destroy men's lives, but to save *them*. And they went to another village

# John 14:9 KJV

9 he that hath seen me hath seen the Father;

# Zephaniah 3:17 KJV

17 The LORD thy God in the midst of thee *is* mighty; he will save, he will rejoice over thee with joy; he will rest in his love, he will joy over thee with singing.

#### Genesis 1:26, 31 KJV

26 And God said, Let us make man in our image, after our likeness:

31 And God saw every thing that he had made, and, behold, *it was* very good.

# Romans 8:17 NIV

17 Now if we are children, then we are heirs-heirs of God and co-heirs with Christ.

# Proverbs 23:7 NKJV

7 For as he thinks in his heart, so is he.

# Ephesians 2:4-6 NKJV

4 But God, who is rich in mercy, because of His great love with which He loved us,

5 even when we were dead in trespasses, made us alive together with Christ (by grace you have been saved),

6 and raised us up together, and made us sit together in the heavenly places in Christ Jesus,

### 1 John 4:17 KJV

17 because as he is, so are we in this world.

### Mark 9:23 NKJV

23 Jesus said to him, "If you can believe, all things are possible to him who believes."

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